

A*List



Flying Recing

Advanced

5

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Word List 43

Awesome Food

New Words

A Match the words with their meanings. (DTR 02)



edible



nutritious



available

7



protein



product



squash



afford



get upset

- a. able to be bought or used
- c. suitable or safe for eating
- e. something that is made to be sold
- g. to be angry or unhappy
- **b.** having a lot of substances which help your body to be healthy
- d. a substance found in food such as meat, fish, or eggs
- f. to crush something into a flat shape
- h. to have enough money to buy something

B Fill in the blanks with the words above.

- 1 Meat and fish are excellent sources of ______.
- 2 Some insects and bugs are ______.
- 3 You should eat healthy and _____ meals every day.
- 4 Sorry, but that item is no longer _____ here.
- 5 He may ______ if you are late for the meeting.
- **6** I like dairy _____s such as cheese and cream.
- 7 When she saw the mosquito, she _____ed it with her hand.
- 8 Can you _____ to buy a new car?

Awesome Food

TR 03 Words 172



Imagine going to a restaurant and getting insects on your plate. You would probably **get upset**, wouldn't you? But in many countries, insects are popular foods.

Fried grasshoppers, crickets, and other **edible** bugs are popular snacks in Thailand and Mexico. In Columbia, people enjoy roasted ants. You can even buy sweet chocolate-covered scorpions in China.

(A) That makes them **nutritious** foods. (B) Why are insects so popular? (C) First of all, they are high in **protein**. Insects also live everywhere. So it is not difficult to find and catch them. In addition, people in some poor countries often cannot **afford** to buy meat. Insects can be a cheap source of protein.

Insects are becoming popular in Europe as well. For example, in Sweden and Finland, many people are interested in insect food **products**. They can buy insect protein bars and protein shakes.



▶ insect protein bar

Cricket powder, insect pasta, and insect candy are **available**, too. So the next time you catch a bug, don't **squash** it. You might want to try roasting it or frying it instead.



Comprehension Check Up

Choose the correct answers.

- 1 What is the passage mainly about?
 - a. the most popular snack in the world
 - b. the reason why people like insects
 - c. the future of food
 - d. the popularity of eating insects as food
- 2 What kind of insects do people enjoy in Columbia?

a. grasshoppers

b. crickets

c. ants

d. scorpions

3 What can you buy in Sweden and Finland?

a. fried crickets

b. roasted ants

c. cricket powder

- d. scorpion chocolate
- 4 What is the best order of the sentences (A) \sim (C)?

a.
$$(A)-(B)-(C)$$

b.
$$(B)-(C)-(A)$$

c.
$$(B)-(A)-(C)$$

d.
$$(C)-(A)-(B)$$

5 Which is NOT mentioned as a reason people eat insects?

a. Insects are easy to find.

b. Insects are not expensive.

c. Insects have a lot of protein.

- d. Insects taste delicious.
- **6** Which is true according to the passage?
 - a. Insect products are only popular in Asian countries.
 - b. Most restaurants serve insect pasta in Sweden.
 - c. Insect products are getting popular in Europe.
 - d. Many Europeans enjoy fried grasshoppers and crickets.

Answer the questions.

7 What are some edible bugs?

8 Why can insects be good food for people in some poor countries?

Summary

★ Fill in the blanks.

orobably get			
ular snacks.			
enjoy eating			
in protein.			
d source of			
e becoming			
popular in Europe as well. Various insect food products, such as insect protein			

Grammar

★ Complete the sentences like in the following example.

To find and catch insects is not difficult.

\rightarrow	It is	not	difficu	lt to	find	and	catch	insects.
_	11 15	HΟL	alllicu	it to	IIIIu	anu	catti	msects.

1	To learn yoga is not easy. → is not easy
2	To watch the baseball game was exciting. → was exciting
3	To climb the rock was very difficult. → was very difficult
4	To change his mind was impossible. → was impossible

Vocabulary

[1-5] Choose and write the correct words for the definitions.

	afford	observe	equipment	be eager to	in need
1		: to	have enough m	oney to buy som	ething
2	: to want to do something very much				
3	: a set of tools for a particular purpose				
4		: no	ot having enougl	n money or food	
5		: to	celebrate; to tak	e part in an even	t

[6-7] Choose the words closest in meaning to the underlined words.

- **6** In the book, it rates restaurants with its famous "star system."
 - a. ranks

b. gives

c. publishes

- d. includes
- 7 Kingston and his friends distributed candy and small gifts to kids.
 - a. helped out

b. gave out

c. observed

d. celebrated

[8-9] Choose the words opposite in meaning to the underlined words.

- 8 It is a day to remember those who are less fortunate.
 - a. talented

b. rich

c. unfortunate

- d. lucky
- **9** He was an employee at a candy company in Cleveland, Ohio.
 - a. worker

b. consumer

c. user

d. employer

Grammar

[10-15] Complete the sentences by using the given words.

10	It is easy and catch insects. (find)			
11	It was impossible there in time. (get)			
12	The company wanted people more candy. (buy)			
13	The man has just sky diving. (do)			
14	Since then, the festival every year in September. (be held			
15	My parents for 30 years. (be married)			
[16-20	O] Correct the underlined words and rewrite the sentences.			
16	It was very exciting <u>watch</u> the World Cup final game. →			
17	Mrs. Lee told my class not <u>to late</u> for school. →			
18	They have not <u>arrive</u> at the airport yet. →			
19	Anna <u>have</u> just <u>brush</u> her teeth. →			
20	My father <u>has sick</u> since I was young. →			

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