

NEW

Flying[🦋] Reading

Advanced

5

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New Words

A Match the words with their meanings.  TR 02



edible



nutritious



available



protein



product



squash



afford



get upset

- | | |
|--------------------------------------|--|
| a. able to be bought or used | b. having a lot of substances which help your body to be healthy |
| c. suitable or safe for eating | d. a substance found in food such as meat, fish, or eggs |
| e. something that is made to be sold | f. to crush something into a flat shape |
| g. to be angry or unhappy | h. to have enough money to buy something |

B Fill in the blanks with the words above.

- Meat and fish are excellent sources of _____.
- Some insects and bugs are _____.
- You should eat healthy and _____ meals every day.
- Sorry, but that item is no longer _____ here.
- He may _____ if you are late for the meeting.
- I like dairy _____s such as cheese and cream.
- When she saw the mosquito, she _____ed it with her hand.
- Can you _____ to buy a new car?

Awesome Food

▶ TR 03 Words 172



Imagine going to a restaurant and getting insects on your plate. You would probably **get upset**, wouldn't you? But in many countries, insects are popular foods. Fried grasshoppers, crickets, and other **edible** bugs are popular snacks in Thailand and Mexico. In Columbia, people enjoy roasted ants. You can even buy sweet chocolate-covered scorpions in China.

(A) That makes them **nutritious** foods. (B) Why are insects so popular? (C) First of all, they are high in **protein**. Insects also live everywhere. So it is not difficult to find and catch them. In addition, people in some poor countries often cannot **afford** to buy meat. Insects can be a cheap source of protein.

Insects are becoming popular in Europe as well. For example, in Sweden and Finland, many people are interested in insect food **products**. They can buy insect protein bars and protein shakes.



▶ insect protein bar

Cricket powder, insect pasta, and insect candy are **available**, too. So the next time you catch a bug, don't **squash** it. You might want to try roasting it or frying it instead.



Comprehension Check Up

✖ Choose the correct answers.

- 1 What is the passage mainly about?
 - a. the most popular snack in the world
 - b. the reason why people like insects
 - c. the future of food
 - d. the popularity of eating insects as food

- 2 What kind of insects do people enjoy in Columbia?
 - a. grasshoppers
 - b. crickets
 - c. ants
 - d. scorpions

- 3 What can you buy in Sweden and Finland?
 - a. fried crickets
 - b. roasted ants
 - c. cricket powder
 - d. scorpion chocolate

- 4 What is the best order of the sentences (A)~(C)?
 - a. (A)–(B)–(C)
 - b. (B)–(C)–(A)
 - c. (B)–(A)–(C)
 - d. (C)–(A)–(B)

- 5 Which is NOT mentioned as a reason people eat insects?
 - a. Insects are easy to find.
 - b. Insects are not expensive.
 - c. Insects have a lot of protein.
 - d. Insects taste delicious.

- 6 Which is true according to the passage?
 - a. Insect products are only popular in Asian countries.
 - b. Most restaurants serve insect pasta in Sweden.
 - c. Insect products are getting popular in Europe.
 - d. Many Europeans enjoy fried grasshoppers and crickets.

✖ Answer the questions.

- 7 What are some edible bugs?

→ _____

- 8 Why can insects be good food for people in some poor countries?

→ _____

Summary

✂ Fill in the blanks.

What if you get insects on your plate at a restaurant? You would probably get upset. But in many countries, 1. e_____ bugs are popular snacks. People in countries like Thailand, Mexico, Columbia, and China enjoy eating insects. Insects are 2. n_____ because they are high in protein. They are easy to find and cheap, too. So insects can be a good source of 3. p_____ for people in some poor countries. Insects are becoming popular in Europe as well. Various insect food products, such as insect protein bars and shakes, are 4. a_____ in Sweden and Finland.

Grammar

✂ Complete the sentences like in the following example.

To find and catch insects is not difficult.

→ It is not difficult to find and catch insects.

1 To learn yoga is not easy.

→ _____ is not easy _____.

2 To watch the baseball game was exciting.

→ _____ was exciting _____.

3 To climb the rock was very difficult.

→ _____ was very difficult _____.

4 To change his mind was impossible.

→ _____ was impossible _____.

Review Test 1

Vocabulary

[1-5] Choose and write the correct words for the definitions.

afford observe equipment be eager to in need

- 1 _____ : to have enough money to buy something
- 2 _____ : to want to do something very much
- 3 _____ : a set of tools for a particular purpose
- 4 _____ : not having enough money or food
- 5 _____ : to celebrate; to take part in an event

[6-7] Choose the words **closest in meaning** to the underlined words.

- 6 In the book, it rates restaurants with its famous “star system.”
 - a. ranks
 - b. gives
 - c. publishes
 - d. includes
- 7 Kingston and his friends distributed candy and small gifts to kids.
 - a. helped out
 - b. gave out
 - c. observed
 - d. celebrated

[8-9] Choose the words **opposite in meaning** to the underlined words.

- 8 It is a day to remember those who are less fortunate.
 - a. talented
 - b. rich
 - c. unfortunate
 - d. lucky
- 9 He was an employee at a candy company in Cleveland, Ohio.
 - a. worker
 - b. consumer
 - c. user
 - d. employer

I Grammar

[10-15] Complete the sentences by using the given words.

- 10 It is easy _____ and catch insects. (find)
- 11 It was impossible _____ there in time. (get)
- 12 The company wanted people _____ more candy. (buy)
- 13 The man has just _____ sky diving. (do)
- 14 Since then, the festival _____ every year in September. (be held)
- 15 My parents _____ for 30 years. (be married)

[16-20] Correct the underlined words and rewrite the sentences.

- 16 It was very exciting watch the World Cup final game.

→ _____

- 17 Mrs. Lee told my class not to late for school.

→ _____

- 18 They have not arrive at the airport yet.

→ _____

- 19 Anna have just brush her teeth.

→ _____

- 20 My father has sick since I was young.

→ _____